

Unit 4

Peak University Study Guide  
**FAITH: REMOVES FEAR**  
**Mark 4:35-41; 6:45-56**

(Slide 1 – MBC slide)

**Open with Praise Time:** - *“Lordship of Christ”* – Who have you seen this week that was living a life serving others. Let’s lift those people or ministries up in praise to God.

**The Bottom Line:** There is nothing in the entire world we have to fear if Jesus is near us. Faith removes fear.

**Transition:** Jesus tells us to be anxious about nothing. He is saying that perfect love drives out fear. If we love Him, we can trust Him.

## LESSON PLAN



denotes Apply:

### Read Mark 4:35-41

**Background** - *Jesus has just completed an incredibly long day of teaching and is obviously dead tired. Remember the crowds grew so large that Jesus had to go out on the lake in a boat and speak to them. It’s time for a little R & R. Even Jesus needs sleep. This is the first of 3 scenes Mark records where the disciples have a special learning experience with Jesus while crossing the Sea of Galilee. It was the one place they could be alone away from the crowds. Notice it says they took Jesus just as He was. In other words, He had no time to eat or clean up. They had to hurry up and get out of there.*

1. They are out on the lake, but several boats are following them. How is the storm described that comes up?

*A furious squall. The Sea of Galilee sits in a basin 685’ below sea level, surrounded by hills 2,000’ high. The wind sweeps down those hills with great force. The word for furious squall **lailaps**, **λαιλαπος** is the word for a hurricane force wind.*

2. What is happening to the boat?
3. And where is Jesus?
4. Is Jesus’ tiredness a problem for the disciples? What do they do?



Can you think of times when we don’t trust Jesus as a church when the storms come?

**FAITH: REMOVES FEAR****Mark 4:35-41; 6:45-56**

Can you think of times when you don't trust Jesus as a follower of Christ when the storms come?



List on the board some ways we can better depend on God through the storms.

5. What does Jesus do in response to their fear of drowning?
6. Jesus did not have to yell at nature to get it to obey. Why do you think He did it?
7. What question did Jesus then ask His disciples?
8. How do they respond to Jesus' question?



**Interactive Teaching Ideas:** ideas for learner-focused teaching. (Break into groups for about 5 minutes then come back and share.) – Can you think of a time you questioned God and found yourself suddenly going, “Never mind. I was out of line. Sorry”?

**Read Mark 6:45–56**

*After feeding the 5,000 it is now time for another boat and lake lesson from Jesus. I think He liked these visual aids to teach boldly His reality. This really looks like a God-lesson set up by Jesus to give them a little more proof that He was truly God in the flesh come to be the promised Messiah.*

1. While Jesus is praying, where are the disciples?
2. How bad is the wind on the Lake?
3. Was Jesus headed straight for the boat?
4. When the disciples saw someone walking on the water what did they think?



How can our faith be a fair weather faith?



How do we help people realize that He is always there and has no intentions of abandoning us?

5. What do you think the Scripture means when it says the disciples did not recognize Jesus because they had not understood about the loaves and their hearts

**FAITH: REMOVES FEAR**

**Mark 4:35-41; 6:45-56**

were heartened?



What miracles of God do people continually miss that hardens our hearts today?



**CARING TIME: SHARE AND PRAY**

**Share the bottom line:** There is nothing in the entire world we have to fear if Jesus is near us. Faith removes fear. Share at your table the fears Jesus has personally removed from your life.

**Prayer:** Praise God at each table for His faithfulness and the peace it gives us even in the worst of times.