

**LIFE GROUP STUDY – Dr. Harley Ihm**  
**Knowing the Lord through the Psalms**  
**Psalms 23 - “The Lord is my Shepherd and my Host”**

**Icebreaker:** Describe the most frightening experience of your life.

Everyone has times when they feel like they can't deal with one more thing or they will snap. David tells us God does not want us to live with fear and hopelessness.

**Encounter the Word**

1. Read Psalm 23:1-4. If the Lord is really our Shepherd how complete will our life be?
  
  
  
  
  
  
  
  
  
  
2. What are the 5 benefits mentioned that come from following the Lord as our Shepherd?
  
  
  
  
  
  
  
  
  
  
3. Read Psalm 23: 5-6. Where does God prepare a table for those who love Him?
  
  
  
  
  
  
  
  
  
  
4. What's the end result of following the Lord as our Shepherd?

**Encounter Life**

1. Can you honestly say the Lord has provided every thing you need? Why or why not?
  
  
  
  
  
  
  
  
  
  
2. Describe a time you should have been overwhelmed with fear but God gave you peace.
  
  
  
  
  
  
  
  
  
  
3. Describe the table God prepared for you.
  
  
  
  
  
  
  
  
  
  
4. Describe the hope of the non-believer compared to your hope.