

**LIFE GROUP STUDY – Dr. Harley Ihm**  
**Knowing the Lord through the Psalms**  
**Psalms 1 - “Knowing the Road Less Traveled”**

**Icebreaker:** What was the worst trip you ever planned?

None of us go through life solo. We listen to, get advice from, and are guided by a variety of people and ideas. Who we listen to determines where our journey will end.

**Encounter the Word**

1. Read Psalm 1. What are the two roads David points out to us in verses 1 & 2?

2. How does David say we receive God’s blessings?

3. Read Jeremiah 17:5-8. How does this passage relate to Psalm 1:3-5?

4. According to verse 6, what are the final results of each road?

**Encounter Life**

1. In what ways do we walk in the council of the wicked?

2. How would you design a plan to help you meditate on God’s Word day & night?

3. What kind of fruit has your faith produced? What kind of fruit would you like for your faith to produce?

4. Share a time when you knew the Lord was watching over you.